

Pediatric Hypnosis

Selected Bibliography

- Culbert, T. Friedrichsdorf, S. and Kuttner, L. (2008). Mind/Body Skills for Children in Pain. In Rice, Warfield, Justins and Eccleston (eds). *Clinical Pain Management: Practical Applications and Procedures*. London: Arnold Publishers.
- Culbert, T., & Olness, K. (Eds). (2009). *Integrative Pediatrics*. Integrative Medicine Library (Senior Editor Andrew Weil, M.D.). Oxford University Publishing, New York.
- Dikel, W. & Olness, K. (1980). Self-hypnosis, biofeedback, and voluntary peripheral temperature control in children. *Pediatrics*, 66:335-340.
- Jensen, M. (2009). Hypnosis for chronic pain management: A new hope, Topical Review. *PAIN*, 146 (2009) 235–237.
- Kaiser, P. (2011) Childhood anxiety, worry and fear: Individualizing hypnosis goals and suggestions for self-regulation. *American Journal of Clinical Hypnosis, Special Issue: Pediatric Hypnosis*, 54:1,16-31.
- Kohen, D.P. (1986). Applications of relaxation/mental imagery (self-hypnosis) in pediatric emergencies. *Int J Clin Exp Hypn*, 34:283-294.
- Kohen, D.P., & Olness, K.N. (2011). *Hypnosis and Hypnotherapy with Children* (4th ed). Routledge Publications.
- Kuttner, L. (2009). CBT and Hypnosis: The Worry-Bug versus The Cake. *Contemporary Hypnosis* 26(1):60-64.
- Kuttner, L. (2010). *A Child in Pain: What Health Professionals can do to Help*. Bath UK. & Conn. USA. Crown House Publishing.
- Lee, L.H. & Olness, K. (1996). Effects of self-induced mental imagery on autonomic reactivity in children. *J Dev Behav Pediatr*, 17(5):323-327.
- Olness, K.N. & Gardner, G.G. (1978). Some guidelines for uses of hypnotherapy in pediatrics. *Pediatrics*, 62:228.
- Olness, K.N. & MacDonald, J. (1981). Self-hypnosis and biofeedback in the management of juvenile migraine. *J Dev Behav Pediatr*, 2:168-173.
- Olness, K.N. (2009). Self control and regulation. In Carey, W., Crocker, A., Elias, E., Feldman, H. & Coleman, W. (Eds.), *Developmental Behavioral Pediatrics* (4th ed.). Saunders, Philadelphia.
- Vlieger, A., Menko-Frankenhuis, C., Walfkamp, S.C.S., Tromp, E. & Benninga, M. (2007 November) Hypnotherapy for children with functional abdominal pain or irritable bowel syndrome: A randomized controlled trial. *Gastroenterology* 133,5,1430-1436.
- Wester, W.C. & Sugarman, L.I. (Eds). (2007). *Therapeutic Hypnosis with Children and Adolescents* Crown House Publishing, Wales.
- Wood C., & Bioy, A. (2008). Hypnosis and pain in children. *Journal of Pain and Symptom Management*, 35, 437-446. [Good Review of Neurobiological hypnosis]
- Yapko, M. (2011). *Mindfulness and Hypnosis: The Power of Suggestion to Transform Experience*. New York: W.W. Norton & Co.
- Yapko, M.D. (2012). *Trancework: An Introduction to the Practice of Clinical Hypnosis* (4th ed). Routledge, New York.